

# HOLISTIC AESTHETICS CONGRESS

5-8 October 2023

Istanbul



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## 05 October 2023 (Thursday)

12:45 - 13:15	Opening Cocktail	
13:15 - 13:30	Opening Session	
13:30 - 14:50	<b>STEM CELL TREATMENT</b>	
13:30 - 14:00	Stem Cell Treatment from Laboratory to Clinical Practice	Prof. Erdal Karaöz (Histology)
14:00 - 14:15	Immunomodulation with Stem Cell Treatment and Exosomes	Prof. Tunç Akkoç (Immunology)
14:15 - 14:30	Rejuvenation and Pigmentation Treatment with Stem Cell Treatment <i>(Video Lecture)</i>	Prof. Perihan Öztürk (Derm.)
14:30 - 14:45	Acne Scar and Atrophic Scar Treatment with Stem Cell Treatment <i>(Video Lecture)</i>	Emre Tayfun, M.D. (Derm.)
14:45 - 14:50	Question-Answer	
14:50 - 15:10	Coffee break	
15:10 - 15:40	<b>SATELLITE SYMPOSIUM 1</b>	
15:40 - 16:15	<b>NON-SURGICAL GENITAL AESTHETIC PROCEDURES</b>	
15:40 - 15:55	Etiology and Treatment of Hyperpigmentation in Genitals	Seçil Demirci, M.D. (Derm.)
15:55 - 16:15	Rejuvenation of External and Internal Woman Genitalia	Aylin Kurt, M.D. (Pls.Sur.)
16:15 - 16:30	Coffee break	
16:30 - 17:00	<b>SATELLITE SYMPOSIUM 2</b>	
17:00 - 17:30	<b>SATELLITE SYMPOSIUM 3</b>	
17:30 - 19:15	<b>APPLICATIONS OF BOTULINUM TOXIN (BTX) 1</b>	
17:30 - 17:45	Tips to Elongate Duration of BTx Effect	Nagihan Sahillioğlu, M.D. (Derm.)
17:45 - 18:00	BTx Procedure for Upper Face Rejuvenation and Eyebrow Shaping <i>(Video Lecture)</i>	Ebru Sağlık, M.D. (Derm.)
18:00 - 18:15	BTx Procedure for Lower Face, Jaw-Line and Neck Rejuvenation <i>(Video Lecture)</i>	Assoc.Prof. Ahu B. Kocaalp (Derm.)
18:15 - 18:30	Diagnosis and Management of On-Label BTx-A Complications <i>(Video Lecture)</i>	Ahmet Atalık, M.D. (Med. Est.)
18:30 - 18:45	Diagnosis and Management of Off Label BTx-A Complications <i>(Video Lecture)</i>	Ahmet Atalık, M.D. (Med. Est.)
18:45 - 19:15	<b>COMPLEX CASES SESSION (Interactive Brainstorming on Difficult to Treat Cases)</b>	
19:15 - 19:35	Coffee break	
19:35 - 20:25	<b>COSMETOLOGIC TREATMENT FOR ALOPECIA AND HAIR TRANSPLANTATION</b>	Moderator: Kerem Baykal, M.D.
19:35 - 19:50	Novel Graft Harvesting Techniques and Frontal Hairline Design	Sacit Karademir, M.D. (Pls.Sur.)
19:50 - 20:10	Mesotherapy/PRP/Vitamin B Treatments in AGA and AA	Ahmet Konuş, M.D. (Derm.)
20:10 - 20:25	Stem Cell Treatment in Alopecia and Current Algorithmic Approach	Prof. Arzu Ataseven (Derm.)

## 06 October 2023 (Friday)

08:15 - 08:30	Rational Drug Use	Bülent Bağcı, M.D. (Derm.)
08:30 - 09:05	<b>APPLICATIONS OF BOTULINUM TOXIN (BTX) 2</b>	
08:30 - 08:45	Bruxism Treatment with BTx and Management of Complications <i>(Video Lecture)</i>	Sertaç Sever, M.D. (Derm.)
08:45 - 09:00	Treatment of Migraine and Postherpetic Neuralgia with BTx	Prof. Hülya Güngör (Norology)
09:00 - 09:05	Question-Answer	
09:05 - 09:45	<b>ACNE SCAR TREATMENTS</b>	<b>Moderator: Prof. Necmettin Akdeniz</b>
09:05 - 09:20	Subcision and Filler Treatment for Acne Scars <i>(Video Lecture)</i>	Assoc.Prof. Sila K. Sayar (Derm.)
09:20 - 09:35	Laser and Energy Based Device Treatments for Acne Scars	Prof. Ayşe S. Karadağ (Derm.)
09:35 - 09:45	Question-Answer	
09:45 - 10:05	Coffee break	
10:05 - 11:10	<b>ADVANCED FACE ANATOMY AND FILLER APPLICATIONS 1</b>	
10:05 - 11:05	Anatomic Dissection of Face, Illustrations and Filler Applications	Bülent Bağcı, M.D. (Derm.)
11:05 - 11:10	Question-Answer	
11:10 - 11:30	Coffee break	
11:30 - 12:00	<b>SATELLITE SYMPOSIUM 4</b>	
12:00 - 12:30	<b>SATELLITE SYMPOSIUM 5</b>	
12:30 - 13:30	Lunch break	
13:30 - 15:15	<b>FILLER APPLICATIONS 2</b>	
13:30 - 13:45	Forehead and Glabella Filler Applications with Safe Techniques <i>(Video Lecture)</i>	Emre Tambay, M.D. (Derm.)
13:45 - 14:00	Under-Eye Filler Applications <i>(Video Lecture)</i>	Nezih Karaca, M.D. (Derm.)
14:00 - 14:15	Nose Filler Applications <i>(Video Lecture)</i>	Günay Ferecova, M.D. (Derm.)
14:15 - 14:30	Temple Filler Applications <i>(Video Lecture)</i>	Prof. Zekayi Kutlubay (Derm.)
14:30 - 14:45	Vectoral Lifting of Face with HA and Biostimulant Fillers <i>(Video Lecture)</i>	Güneş Ertürk, M.D. (Derm.)
14:45 - 15:15	COMPLEX CASES SESSION (Interactive Brainstorming on Difficult to Treat Cases)	
15:15 - 15:35	Coffee break	
15:35 - 16:05	<b>SATELLITE SYMPOSIUM 6</b>	
16:05 - 16:35	<b>SATELLITE SYMPOSIUM 7</b>	
16:35 - 17:30	<b>FILLER APPLICATIONS 3</b>	
16:35 - 16:50	Rejuvenation and Facial Contouring of the Face with CaHA Fillers <i>(Video Lecture)</i>	Ercan Cihandide, M.D. (Pla.Sur.)
16:50 - 17:05	Chin and Jaw-Line Filler Applications <i>(Video Lecture)</i>	Güncel Öztürk, M.D. (Pla.Sur.)
17:05 - 17:30	Coffee break	
17:30 - 19:00	<b>WORKSHOP</b>	

## 07 October 2023 (Saturday)

08:15 - 09:10	<b>TREATMENT OF VASCULAR AND PIGMENTED LESIONS</b>	
08:15 - 08:35	Laser and Combination Treatments in Vascular/Pigmented Lesions	Engin Kocabaş, M.D. (Derm.)
08:35 - 08:50	Tranexamic Acid and Combination Treatments in Melasma	Sema Karaoğlu, M.D. (Derm.)
08:50 - 09:05	Varicose Veins Treatment and Current Algorithmic Approach <i>(Video Lecture)</i>	Mustafa Saygın, M.D. (CTV Sur.)
09:05 - 09:10	Question-Answer	
09:10 - 09:40	<b>SATELLITE SYMPOSIUM 8</b>	
09:40 - 10:00	Coffee break	
10:00 - 11:20	<b>FILLER APPLICATIONS 4</b>	
10:00 - 10:20	Mid-face Anatomy and Efficient Malar Filler Application Techniques <i>(Video Lecture)</i>	Nigar Resulova, M.D. (Derm.) Bülent Bağcı, M.D. (Derm.)
10:20 - 10:30	Lip Filler Application with Needle Technique <i>(Video Lecture)</i>	Gaye Sarıkan, M.D. (Derm.)
10:30 - 10:40	Lip Filler Application with Cannula <i>(Video Lecture)</i>	Nagihan Sahillioğlu, M.D. (Derm.)
10:40 - 10:50	Lip Filler Application with Russian Lips Technique <i>(Video Lecture)</i>	Assoc.Prof. Ahu B. Kocaalp (Derm.)
10:50 - 11:20	<b>HARD TO TREAT LIPS SESSION (Interactive Brainstorming on Difficult to Treat Lip Cases)</b>	
11:20 - 11:40	Coffee break	
11:40 - 12:10	<b>SATELLITE SYMPOSIUM 9</b>	
12:10 - 12:40	<b>SATELLITE SYMPOSIUM 10</b>	
12:40 - 13:30	Lunch break	
13:30 - 15:10	<b>FILLER COMPLICATIONS AND THEIR MANAGEMENT</b>	
13:30 - 13:45	Facial Vascular Anatomy and Facial Danger Zones <i>(Video Lecture)</i>	Assoc.Prof. Aslı Tatlıparmak (Derm.)
13:45 - 14:05	Vascular Mapping of the Face and Prevention of Filler Complications with USG	Prof. Fatih Gülşen (Radyology)
14:05 - 14:25	Symptoms and Treatment of Filler-Induced Vascular Complications	Won Lee, M.D. (Pla.Sur.)
14:25 - 14:45	Symptoms and Treatment of Filler-Induced Non-Vascular Complications	Won Lee, M.D. (Pla.Sur.)
14:45 - 15:10	Question-Answer	
15:10 - 15:30	Coffee break	
15:30 - 16:00	<b>SATELLITE SYMPOSIUM 11</b>	
16:00 - 16:30	<b>SATELLITE SYMPOSIUM 12</b>	
16:30 - 18:00	<b>THREAD LIFT APPLICATIONS AND COMPLICATION MANAGEMENT</b>	
16:30 - 16:45	USG Assisted Thread Lifting <i>(Video Lecture)</i>	Won Lee, M.D. (Pla.Sur.)
16:45 - 17:00	Facial Rejuvenation with Permanent Thread Lift <i>(Video Lecture)</i>	Prof. Ufuk Bilkay (Pla.Sur.)
17:00 - 17:15	Eyebrow Lifting and Neck Rejuvenation with Thread Lift <i>(Video Lecture)</i>	Cem Payaslı, M.D. (Pla.Sur.)
17:15 - 17:30	Avoiding Thread Complications and Complication Management	Zafer Atakan, M.D. (Pla.Sur.)
17:30 - 18:00	<b>COMPLEX CASES SESSION (Interactive Brainstorming on Difficult to Treat Cases)</b>	
18:00 - 18:20	Coffee break	
18:20 - 19:35	<b>NON-SURGICAL BODY CONTOURING</b>	
18:20 - 18:35	Facial Rejuvenation with Stem Cell Treatment	Assoc.Prof. Tunç Tiryaki (Pla.Sur.)
18:35 - 18:50	Neck Contouring with Laser Lipolysis <i>(Video Lecture)</i>	Buğçe T. Dizman, M.D. (Derm.)
18:50 - 19:05	Prevention and Management of Laser Lipolysis Complications	Akif Mehmetoğlu, M.D. (Derm.)
19:05 - 19:20	Neck and Body Contouring with Mesotherapy <i>(Video Lecture)</i>	Emre Araz, M.D. (Derm.)
19:20 - 19:35	Body Contouring with Energy Based Devices <i>(Video Lecture)</i>	Ünzile S. Civelek, M.D. (Derm.)